

The Importance of Psychology Books in the CPM Sri Lanka Library

The CPM Sri Lanka Library offers a carefully curated selection of psychology books that provide vital insights into the human mind, behavior, and mental processes. This collection covers a broad spectrum of topics, ranging from foundational psychological theories to more specialized areas such as cognitive psychology, developmental psychology, clinical psychology, and behavioral studies.

The collection serves as an invaluable resource for students, professionals, and anyone interested in exploring the complexities of human behavior. Whether you're preparing for exams, conducting research, or seeking to apply psychological principles in various settings, these books offer both theoretical knowledge and practical applications. The psychology books at the CPM Sri Lanka Library are a key tool for those aiming to deepen their understanding of the mind and improve their ability to engage with people in a meaningful way.

Book List:

Name of the Book	Authors	Book Code
Disaster Psychosocial Response	Dr. U. Gauthamdas	PSY_01
Think Big Act Small	June Allan	PSY_02
විද්‍යාත්මක ඥාණය	Daya Edirisinghe	PSY_03
The Mysterious Kundalini (විස්මිත කුඩලිනී ශක්තිය)	Jeewani Hasantha Wickramathunga	PSY_04
A Different Way of Life	Kiron Shenoy	PSY_05
ළමා මනෝ විද්‍යාව හා ළමා සංවර්ධනය	Daya Rohana Athukorala	PSY_06
Mastering Psychology	Roger Davies/ Peter Houghton	PSY_07
සමාජ මානව විද්‍යාව	Daya Amarasekara	PSY_08
මනෝවිද්‍යා විමර්ශන	දයා එදිරිසිංහ ; ඥානදාස පෙරේරා	PSY_09
මානසික සුවතාව සඳහා සරල භාවනා අභ්‍යාස	දයා රෝහණ අතුකෝරාල	PSY_10
සිදලමු සිත් සීමා	චන්දන ගුණවර්ධන	PSY_11
The Developing Child	Holly E. Brisbane	PSY_12
The Developing Child	Holly E. Brisbane	PSY_13
Games People Play	Eric Berne	PSY_14
Teach Your Child; How to Think	Edward De Bono	PSY_15
The Leap of Your Life	Tommy Baker	PSY_16

The Leap of Your Life	Tommy Baker	PSY_17
A Different Way of Life	Kiron Shenoy	PSY_18
Coping With Stress	Heart And Stroke Foundation	PSY_18
Increase Faith in Yourself by 10 times to multiply your achievements by 10,000 times	A.R.K Sarma	PSY_19
I am the Best	Ashok Monga	PSY_19
What Glass Ceiling?	Michelle Gunawardana	PSY_20
Primal Leadership- Realizing The Power of Emotional Intelligence	Daniel Goleman, Richard Boyatzis & Annie McKee	PSY_21
Malcom Gladwell - Underdogs, Misfits, and the Art of Battling Giants	David & Goliath	PSY_22